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Philip De Courcy • Compass Bible Church • August 12 & 13, 2017 • Msg. # G17-09

***10*** *I rejoiced in the Lord greatly that now at length you have revived your concern for me. You were indeed concerned for me, but you had no opportunity.* ***11*** *Not that I am speaking of being in need, for I have learned in whatever situation I am to be content.*

***12*** *I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need.* ***13****I can do all things through him who strengthens me.*  (ESV)

***Notes:***

**Application Questions**

*These questions are provided for your further study and application of today’s sermon. Thoughtfully writing out the answers to these questions will help to drive home the point of today’s study. It is also helpful when you are able to discuss your answers with others. For more information about small groups at Compass Bible Church that utilize these questions as the basis for their weekly discussion, please call the church office at (949) 540-0699 or email us at SmallGroups@CompassChurch.org.*

1. Read **Philippians 3 & 4**. Define and discuss the difference between Paul's holy discontentment in chapter three and his call for contentment in chapter four.

2. How can gratitude help us in the fight against discontentment?

3. Is a change of circumstances the key to contentment? Why or why not?

4. What are the implications of contentment being something we learn?

*This Week’s  
Bible Reading Schedule*

**August 13th**

*Ps.96-98 & Ro.12*

**August 14th**

*Ps.99-102 & Ro.13*

**August 15th**

*Ps.103-104 & Ro.14*

**August 16th**

*Ps.105-106 & Ro.15:1-20*

**August 17th**

*Ps.107-108 & Ro.15:21-33*

**August 18th**

*Ps.109-111 & Ro.16*

**August 19th**

*Ps.112-115 & 1Cor.1*

**August 20th**

*Ps.116-118 & 1Cor.2*

5. Discuss the idea that containment is a good substitute word for contentment?

6. What does the phrase "I can do all things through Christ" mean and not mean?